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introduced by means of flowers—the author using for her text the words of Bishop Cox: “Flowers are words which even a babe may understand.”

It seems strange, yet it remains a fact, that mothers find it difficult to answer the questions of their children concerning their physical development. Here is a book which answers the questions—a book which mother and child may read and discuss together with entire frankness. The child is taught that her whole life is one long preparation for motherhood. The care of the skin, hair, teeth; the need of exercise and fresh air; the cultivation of an amiable disposition, the child is taught to consider as the means to attaining a strong healthy body fit for the crowning achievement of a woman's life when she becomes a mother.

FALSE MODESTY THAT PROTECTS VICE BY IGNORANCE. By Dr. E. B. Lowry. Price 50 cents net; 55 cents mailed. Forbes & Co., Chicago.

Written in the interests of truth, this book makes painful reading, as the results of ignorance in sex education are set before us with an unsparing hand by the author. It is an earnest plea for education in sex hygiene, which the writer claims to be the *greatest need of American civilization to-day*. Proper sex knowledge to be taught in school and at home in place of the present policy of confused silence or misleading fairy stories of babies being found in cabbages or brought by storks Dr. Lowry believes will lead to better health, sex purity, and to a high practical morality.

HERSELF: TALKS WITH WOMEN CONCERNING THEMSELVES. By Dr. E. B. Lowry. Price \$1.00 net. Forbes & Co., Chicago.

“A woman,” says Dr. Lowry, “is as young as she wants to be,” and further she intimates that it is woman's duty to keep young as long as possible. This she conceives to be dependent on a healthy body, with a mind in harmony and a conscience blameless.

As in *Confidences* the little girl was taught that all her childhood and girlhood were to lead to the crowning act of motherhood, so this book teaches that the care of the body and especially of the organs of reproduction make largely for success and happiness in life. Like all the other books in the series it pleads for instruction in sex hygiene, and blames ignorance of this subject as the most potent factor in the production of the evil and misery that spoil life for so many. This book is more advanced in its teaching and goes minutely into the anatomy and physiology of the organs of reproduction and also into the development and growth of the human fœtus. There are also grave warnings of the result of abortions and other abuses.